

# Food Allergies and Sensitivities



Surf City Squeeze® has listed the top nine food allergens recommended by the FDA. The **X** indicates the item contains the specified allergen.

	Allergens								
	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH	SESAME
<b>Iced Chillers</b>									
Peach Mango									
Pineapple Mango									
Pineapple Strawberry Spinach									
Strawberry Mango									
Strawberry Pineapple									
<b>Signature Smoothies</b>									
Green Pineapple Banana	X		X						
Peach Mango	X		X						
Pineapple Coconut Orange	X		X			X			
Strawberry Banana	X		X						
Strawberry Banana Kale	X		X						
Triple Berry	X		X						
<b>Fresh Squeezed Lemonade</b>									
Original Lemonade									
Raspberry Lemonade									
Strawberry Lemonade									
<b>Pumped Up Smoothies**</b>									
Bee Stinger	X		X						
Ginseng Fling	X		X						
Power Energy Squeeze	X		X						
Power Pump	X		X						
Stripper Squeeze	X		X						
Super Squeeze	X		X						
<b>Sweet Smoothies</b>									
Chocolate Covered Strawberry	X		X						
Extreme OREO®	X		X		X				
Mocha Java	X		X						
Peanut Butter Banana	X		X	X					
<b>Add-ins**</b>									
Bee Pollen									
Brewer's Yeast									
Chia Seeds									
Chocolate			X						
Coffee									
Creatine									
Fat Fighter									

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<b>Add-ins**</b>									
Ginseng									
Lecithin	X								
Matcha Powder									
Multi-Vitamin									
Peanut Butter				X					
Power Energy									
Spirulina									
Wheat Germ					X				
Wheatgrass					X				
Whey Protein	X		X						
<b>Produce</b>									
Maid®									
100% Orange Juice, Tropicana®									
Agave Nectar									
Banana									
Blueberry									
Coconut						X			
Kale									
Mango									
Peach									
Pineapple									
Pineapple Juice									
Raspberry									
Spinach									
Strawberry									
<b>Base Mix</b>									
Low-Cal Smoothie Mix	X		X						
Signature Smoothie Mix	X		X						

Your health is of utmost concern to us. Please be aware that Surf City Squeeze® products may contain traces of allergens (peanuts, tree nuts, sesame, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Allergen information Surf City Squeeze® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers.

Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.